



# 肝病的精准医学研究与应用

解放军总医院第五医学中心

国家感染性疾病临床研究中心

王福生

# 提纲

一、背景

二、肝脏免疫特点

三、慢性乙肝、艾滋病精准治疗？

四、前景与展望

# 提纲

**一、背景**

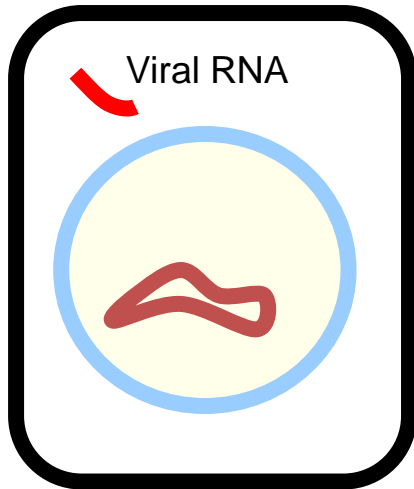
**二、肝脏免疫特点**

**三、慢性乙肝、艾滋病精准治疗？**

**四、前景与展望**

# Three chronic viral diseases: CURE?

HCV



TREATMENT

No viral reservoir

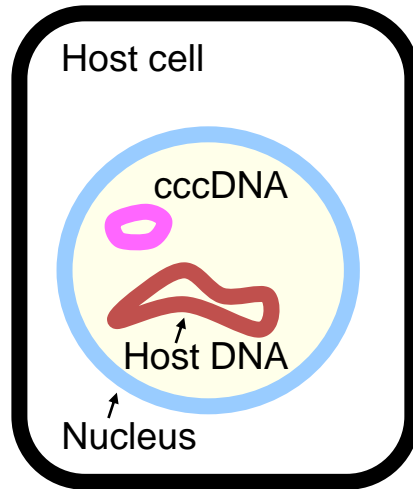


Combination therapy



**DAAs: CURE!!!**

HBV



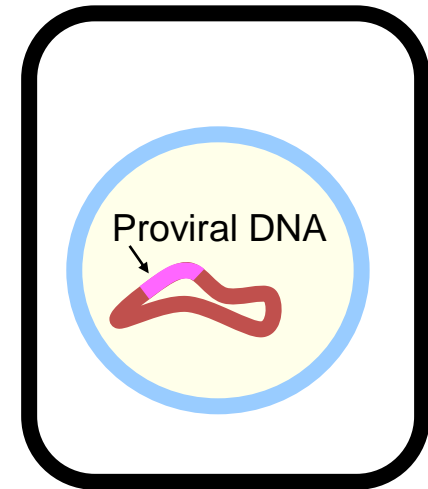
TREATMENT

**cccDNA (viral reservoir)**



**Massive HBsAg**

HIV



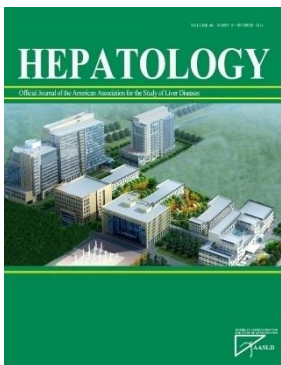
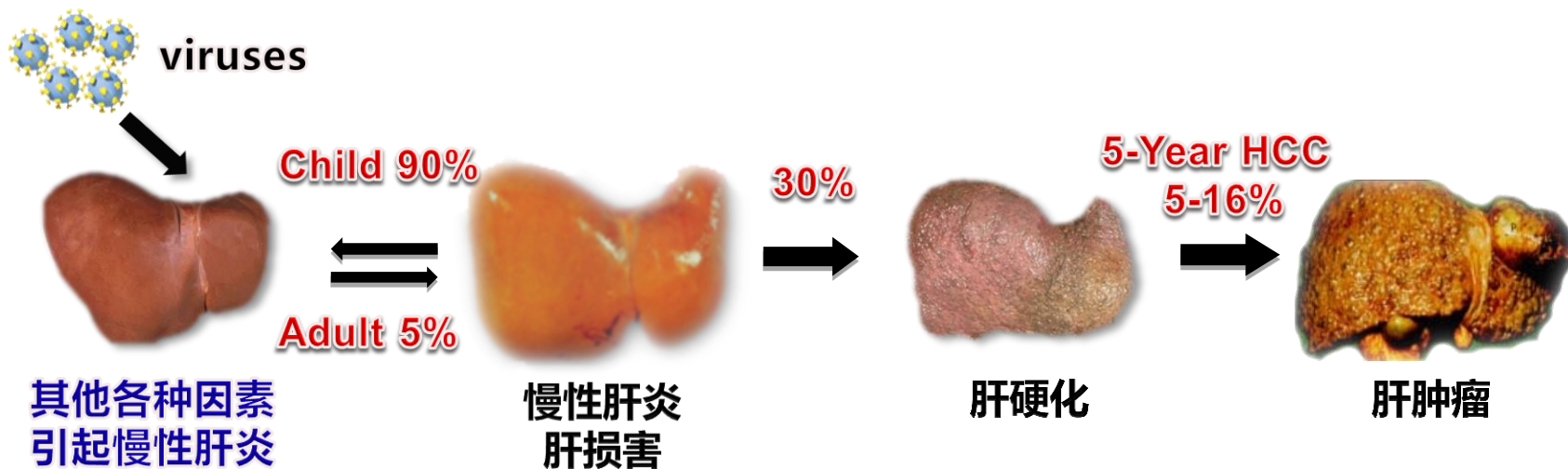
TREATMENT



**HIV DNA  
(viral reservoir)**

Few chronic cases are with self-functional cure!

# 我国是肝病大国，慢性乙肝危害严重



我国肝病数据：9000万 HBV、HCV肝炎  
2亿其他肝病：ALD、DILI、AID等

Wang FS, Fan JG, Zhang Z, et al. Hepatology 2014

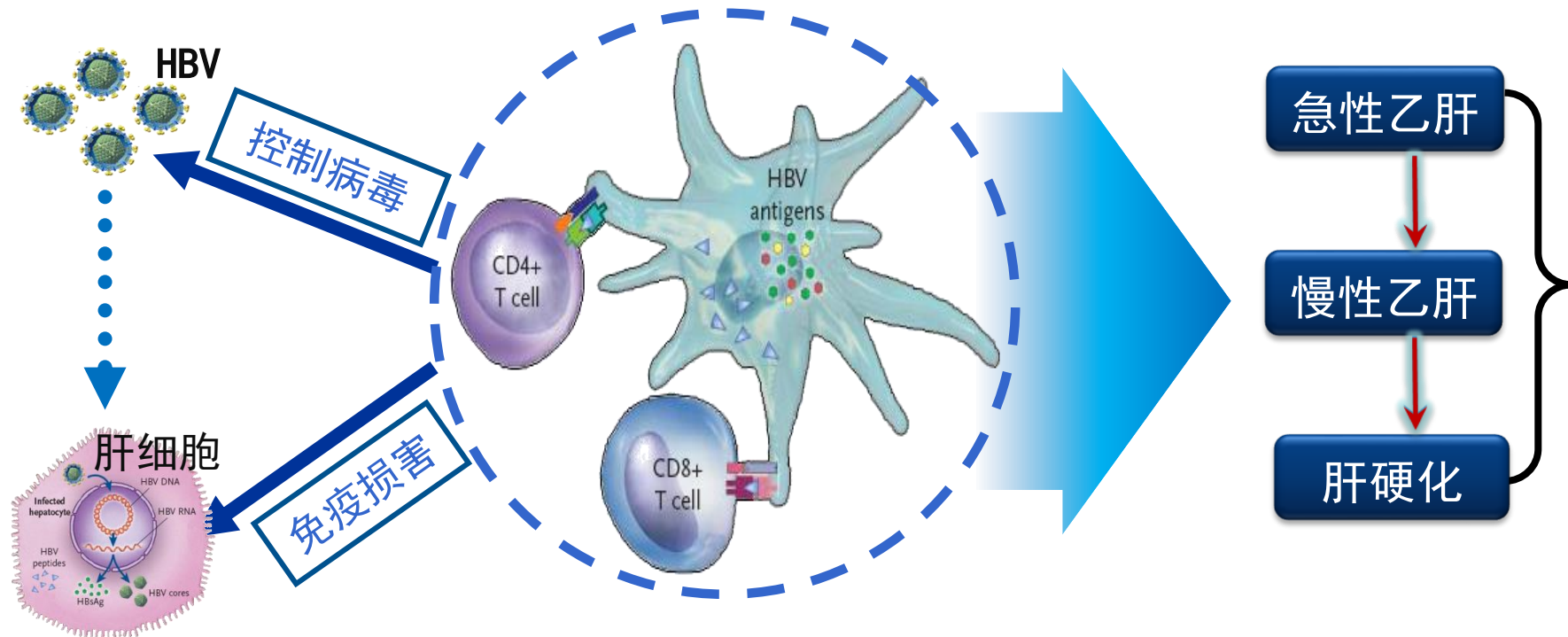
慢性乙型肝炎防治指南（2015更新版）. 中华肝脏病杂志, 2015, 23.

# 免疫应答是控制疾病进展的关键

病毒感染

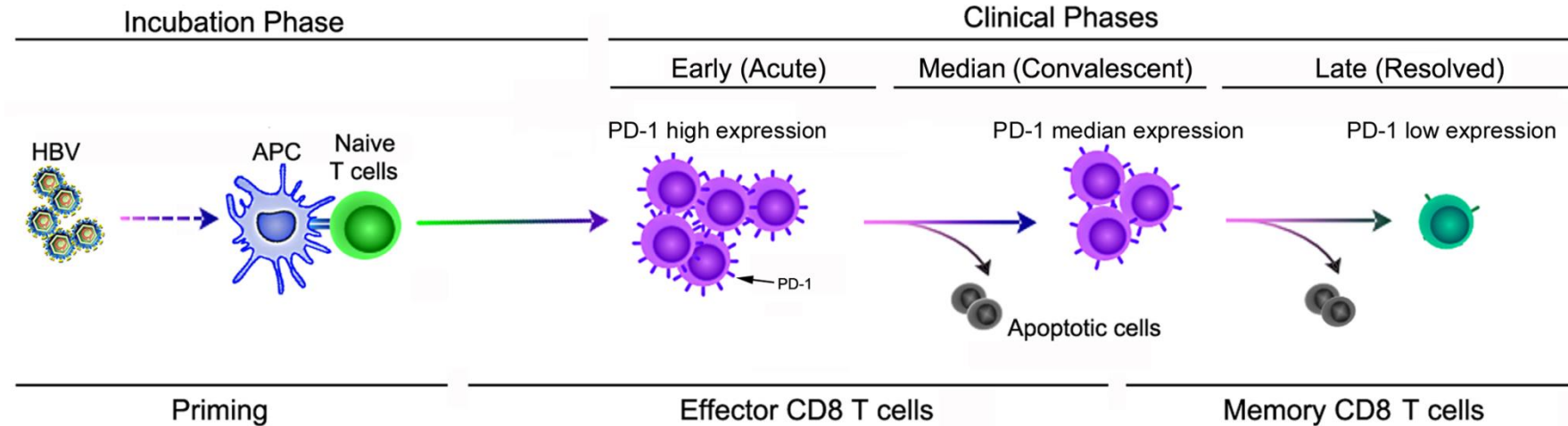
HBV特异性免疫应答

疾病进展



# 急性乙肝：PD-1有效调控免疫应答

## HBV特异性CD8 T细胞

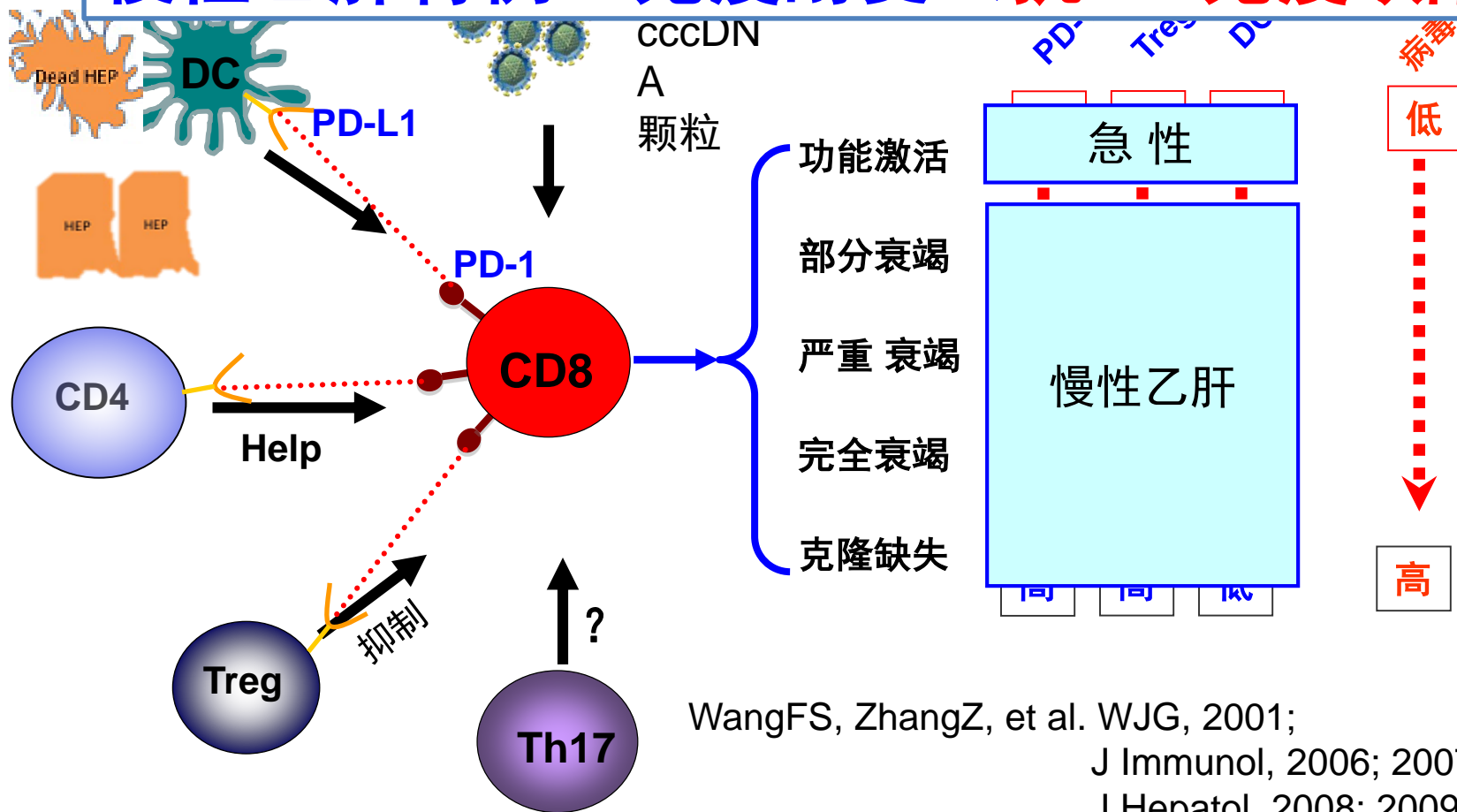


Zhang Z, et al. J Hepatol, 2009

# 慢性乙肝：HBV特异性T细胞功能损伤

——Treg细胞、DC和PD-1等发挥作用

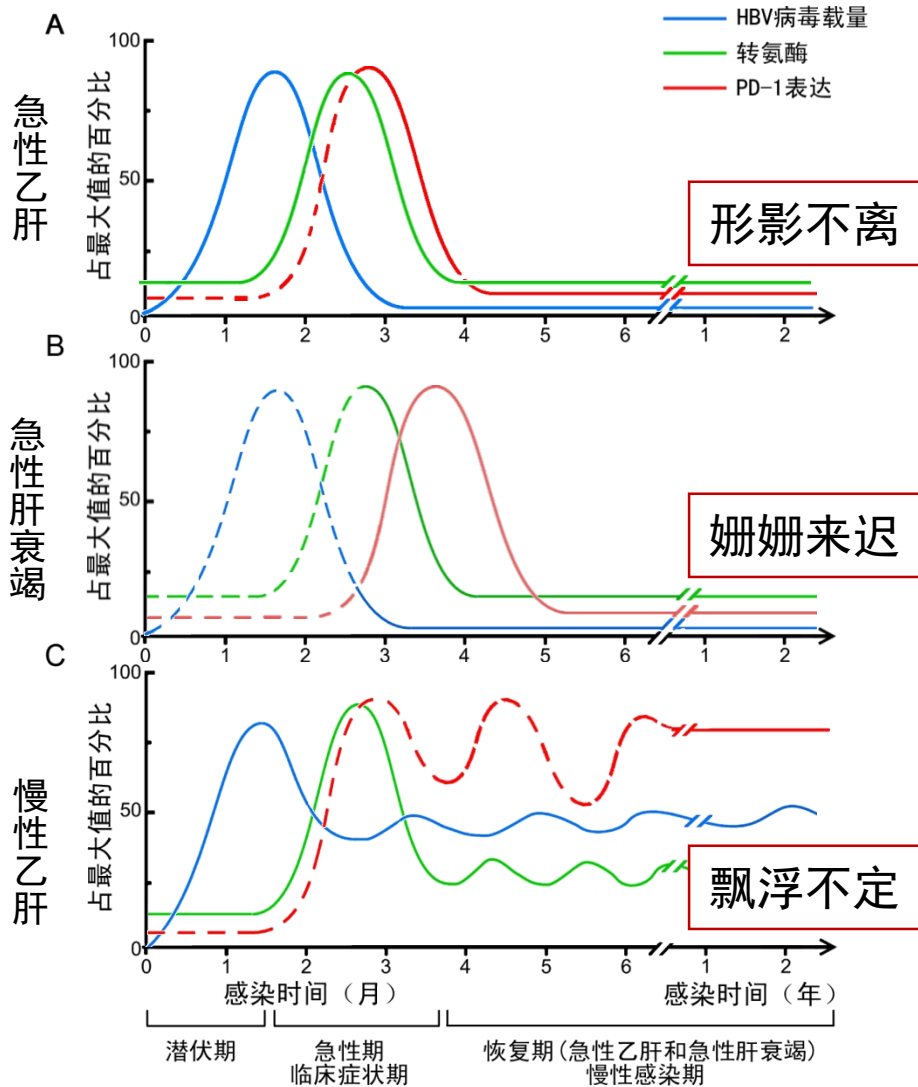
## 慢性乙肝特例：免疫耐受（抗HBV免疫缺陷）



WangFS, ZhangZ, et al. WJG, 2001;  
 J Immunol, 2006; 2007; 2008  
 J Hepatol, 2008; 2009;  
 Clin Immunol, 2007; 2008



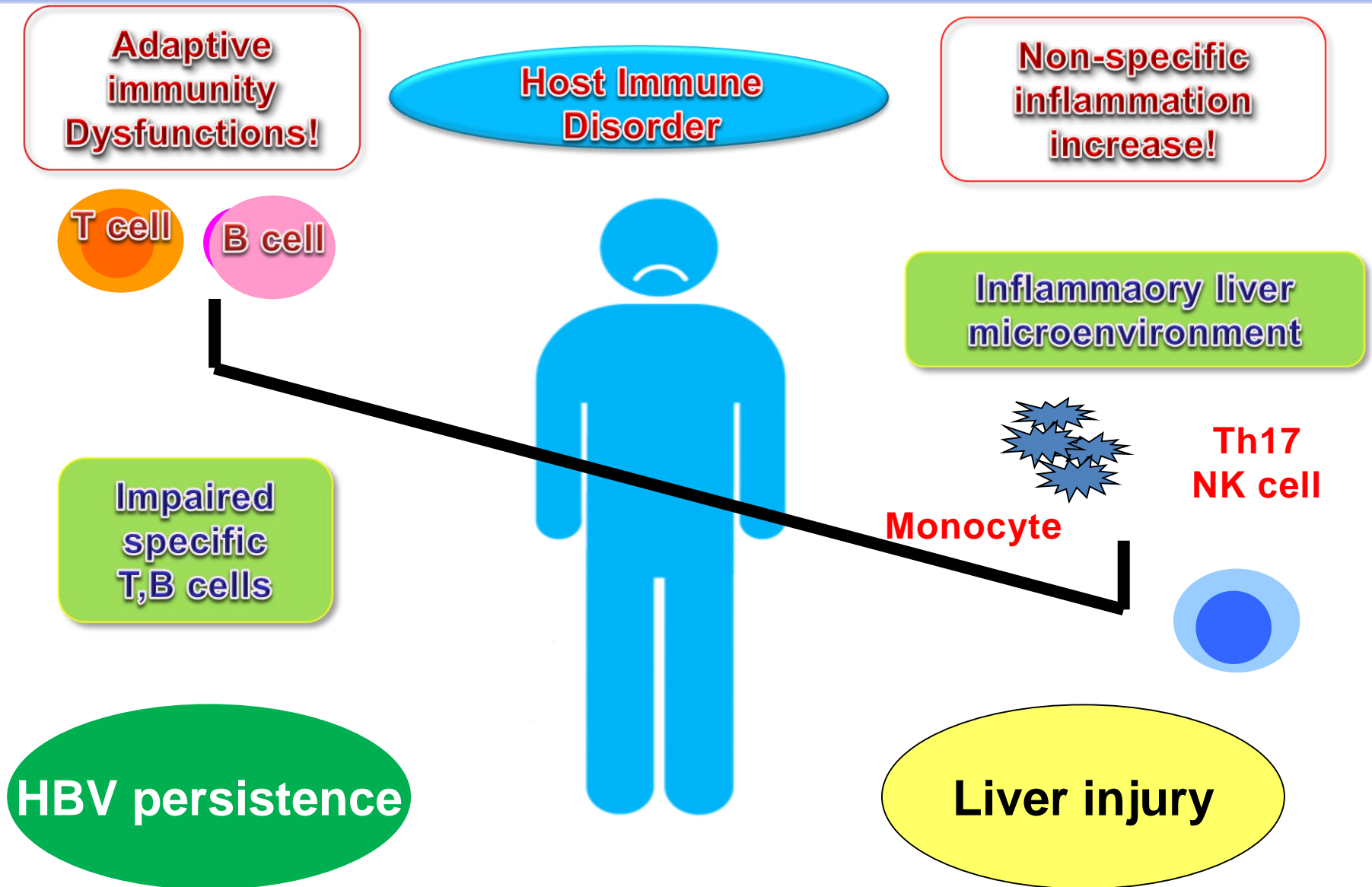
# PD-1表达变化预测HBV急性感染临床转归



国际权威Ahmed教授等撰写了4页  
 评论 (同期发表) ——  
**该文通过深入研究PD-1在HBV感  
 染中的作用, 发现PD-1表达水平  
 与临床转归直接相关, 并阐明了肝  
 内作用的机制 - - - - -**

for the immune response in the human liver to HBV and HCV infections.<sup>6,7</sup> The articles by Zhang et al and Nakamoto et al further our understanding of the role of PD-1 in HBV and HCV infections, respectively, by emphasizing clinical outcomes in patients in relation to the level of PD-1 expression and importantly by focusing on intrahepatic immune responses.<sup>6,7</sup> Studies of antigen-specific CD8<sup>+</sup> T cells from the peripheral blood of patients with HBV and HCV infections have previously indicated that the PD-1/PD-L1 system plays an important role in the PD-L1 in the liver during the acute and chronic phases of infection, Zhang et al report that more CD4<sup>+</sup> and CD8<sup>+</sup> T cells in the liver expressed PD-1 during the acute phase in comparison with the chronic phase, and more in the chronic phase than in healthy liver biopsies. Furthermore, PD-L1 expression was found on Kupffer cells, sinusoidal epithelial cells, and CD11c<sup>+</sup> dendritic cells, sim-

# The immuno-pathological characteristics of CHB



# 提纲

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四、前景与展望

# Immune responses in the liver are biased toward tolerance

472

NATURE, VOL. 223, AUGUST 2, 1969

## Induction of Immunological Tolerance by Porcine Liver Allografts

by

R. Y. CALNE

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High Wycombe

Liver allografting experiments with pigs show that animals given no immunosuppression will survive for prolonged periods with orthotopic liver transplants. Similar animals can reject skin, kidneys and hearts rapidly. Orthotopic and accessory heterotopic liver allografts protect preferentially from rejection grafts of donor specific skin, kidney and possibly heart. Injected soluble liver antigen may also protect donor specific tissue from rejection. It is suggested that allogeneic liver can induce immunological tolerance in immunologically mature pigs.

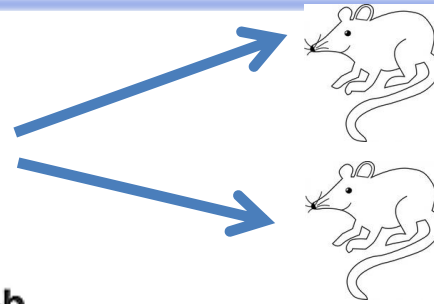
## Question:

What is the mechanism of the liver tolerance?

Is this kind of tolerance relevant to liver disease?

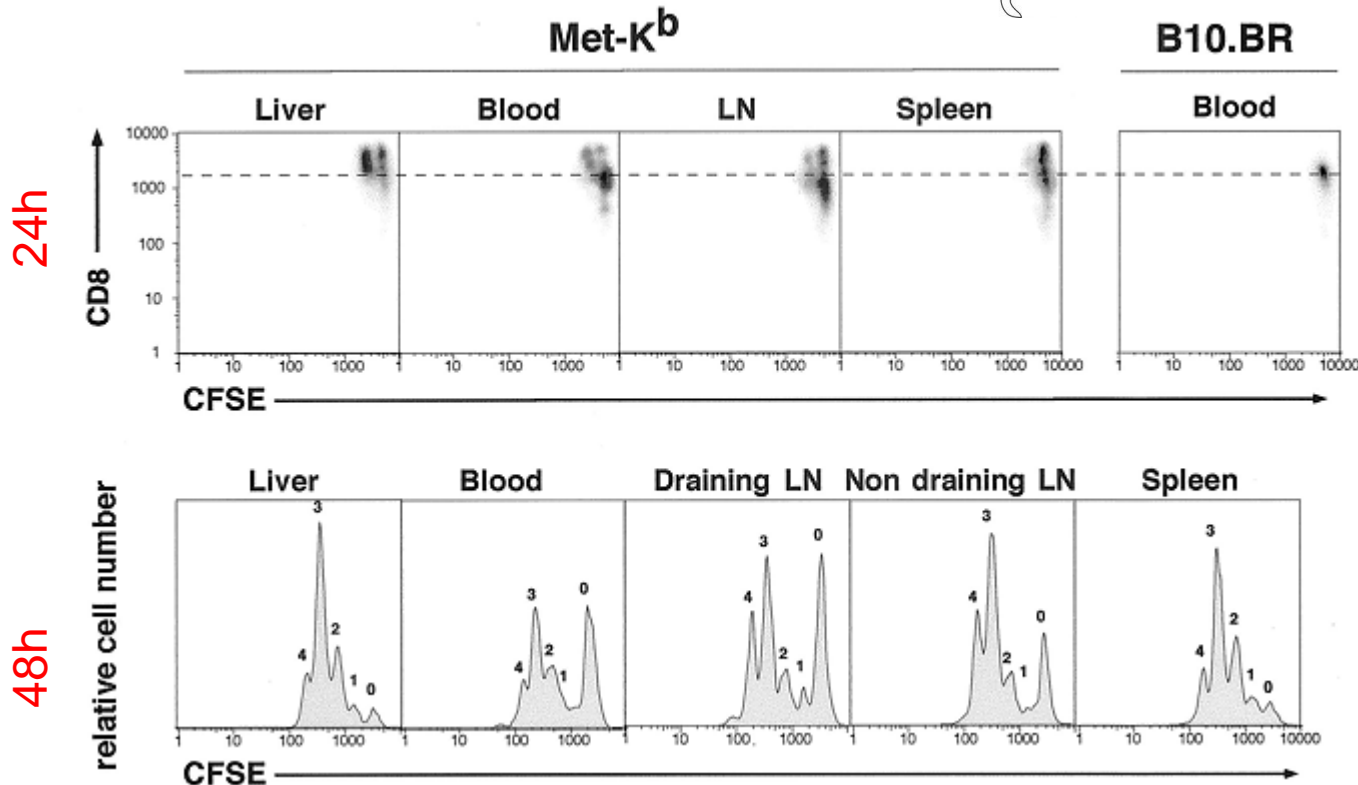
# First: the liver act as secondary lymphoid organ

Naive Des-TCR transgenic  
CD8 T cells specific for H-2K<sup>b</sup>



B10.BR

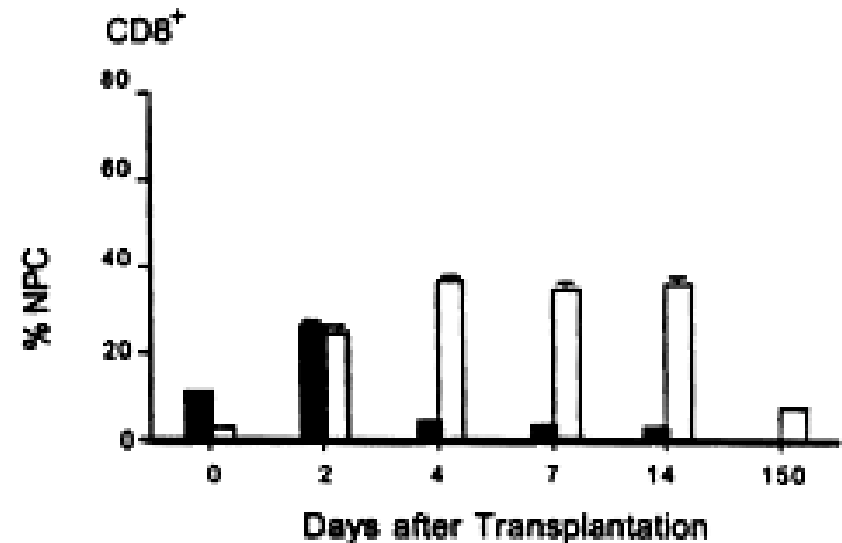
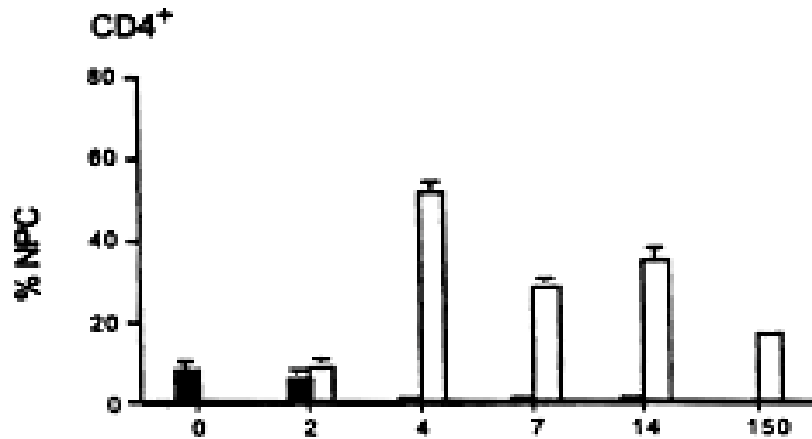
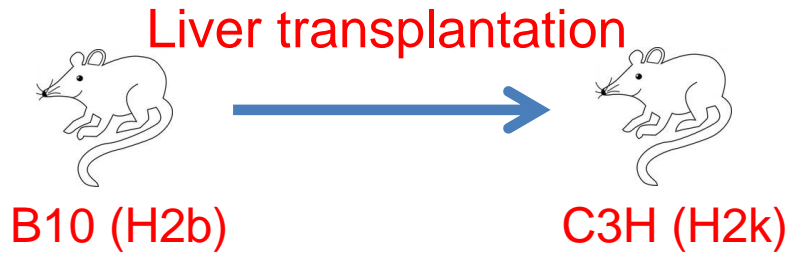
Met-K<sup>b</sup> mice expressing  
H-2K<sup>b</sup> in the liver



Naive CD8 T cells specific for liver antigens are activated locally in the liver

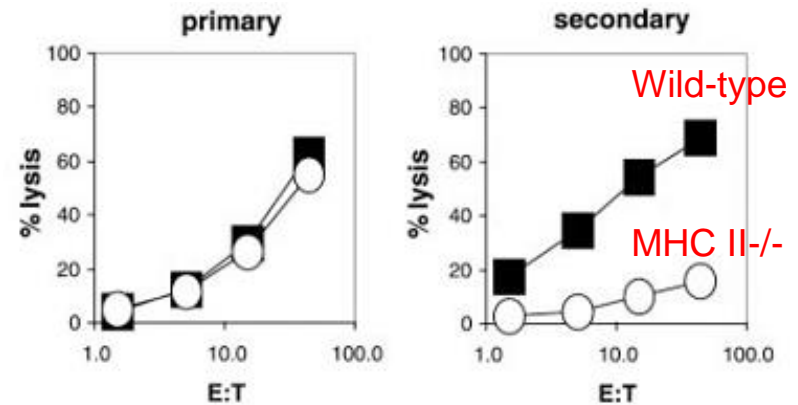
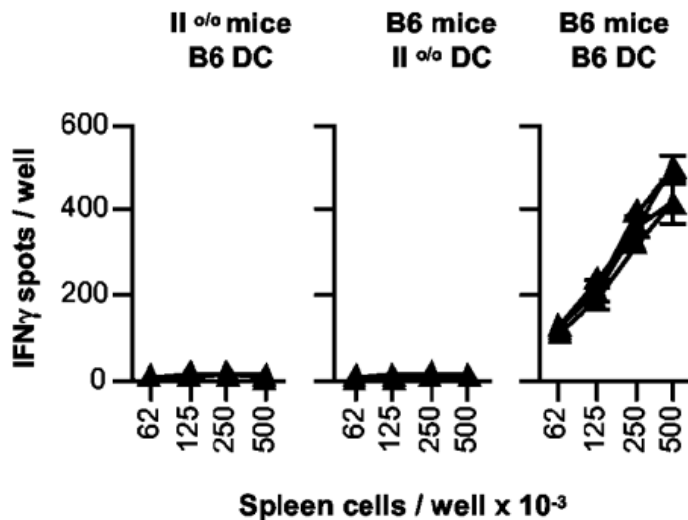
Bertolino P, et al. J Immunol. 2001;166(9):5430-8.

# Apoptosis within spontaneously accepted mouse liver allografts



Donor T cells within the liver were rapidly replaced within 2 to 4 days of transplantation with those of the recipient

# Fundamental theory



CD4<sup>+</sup> T cell help can be essential for primary CD8<sup>+</sup> T cell responses in vivo.

Defective CD8 T cell memory following acute infection without CD4 T cell help.

Wang JC, et al. J Immunol. 2003;171(12):6339-43.

Sun JC, et al. Science. 2003;300(5617):339-42.



# Relevant to liver disease : evidence from CHB

HBV特异性的CD8<sup>+</sup>T 淋巴细胞    IFN- $\gamma$     TNF- $\alpha$     IL-12    CTL    增殖    凋亡    抗原水平    ALT水平    HBV DNA数量

急性乙型肝炎患者

活化    +++    +++    +++    +++    +++    +++    -    低    高    低

中度耗竭

++

**免疫清除 (抗HBV免疫低下)**

重度耗竭

+

慢性乙型肝炎患者

完全耗竭

-

**免疫耐受 (抗HBV免疫缺陷)**

克隆清除

-

高    低    高

# 提纲

一、背景

二、肝脏免疫特点

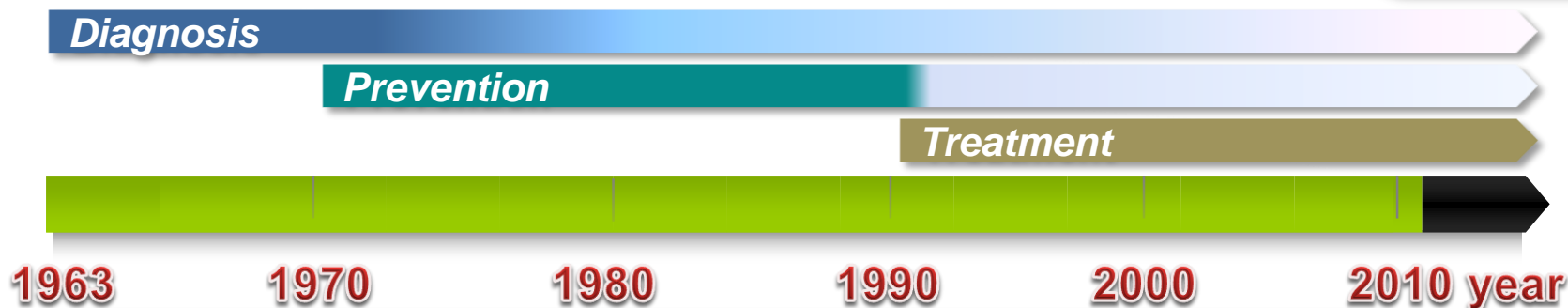
三、慢性乙肝、艾滋病精准治疗？

四、前景与展望

# Discovery of HBsAg: a milestone!



Dr. BS. Blumberg: **Nobel laureate in 1976**



- 1963: Discovery of “Au” Ag
- 1967: Possible association between “Au” Ag and hepatitis B
- 1970: Au Ag screening in blood donors by WHO

- 1971: Finding HBsAg vaccine
- 1981: Approval of HBV vaccine (FDA)
- 1985: Approval of HBV vaccine in China
- 1991: HBV vaccination by WHO

- 1992: Approval of IFN- $\alpha$
- 1998: Approval of first oral antiviral drug--Lamivudine
- 2000: PEG-IFN-  $\alpha$

**Immune Related**

# 乙型肝炎临床检测指标：诊治、预后

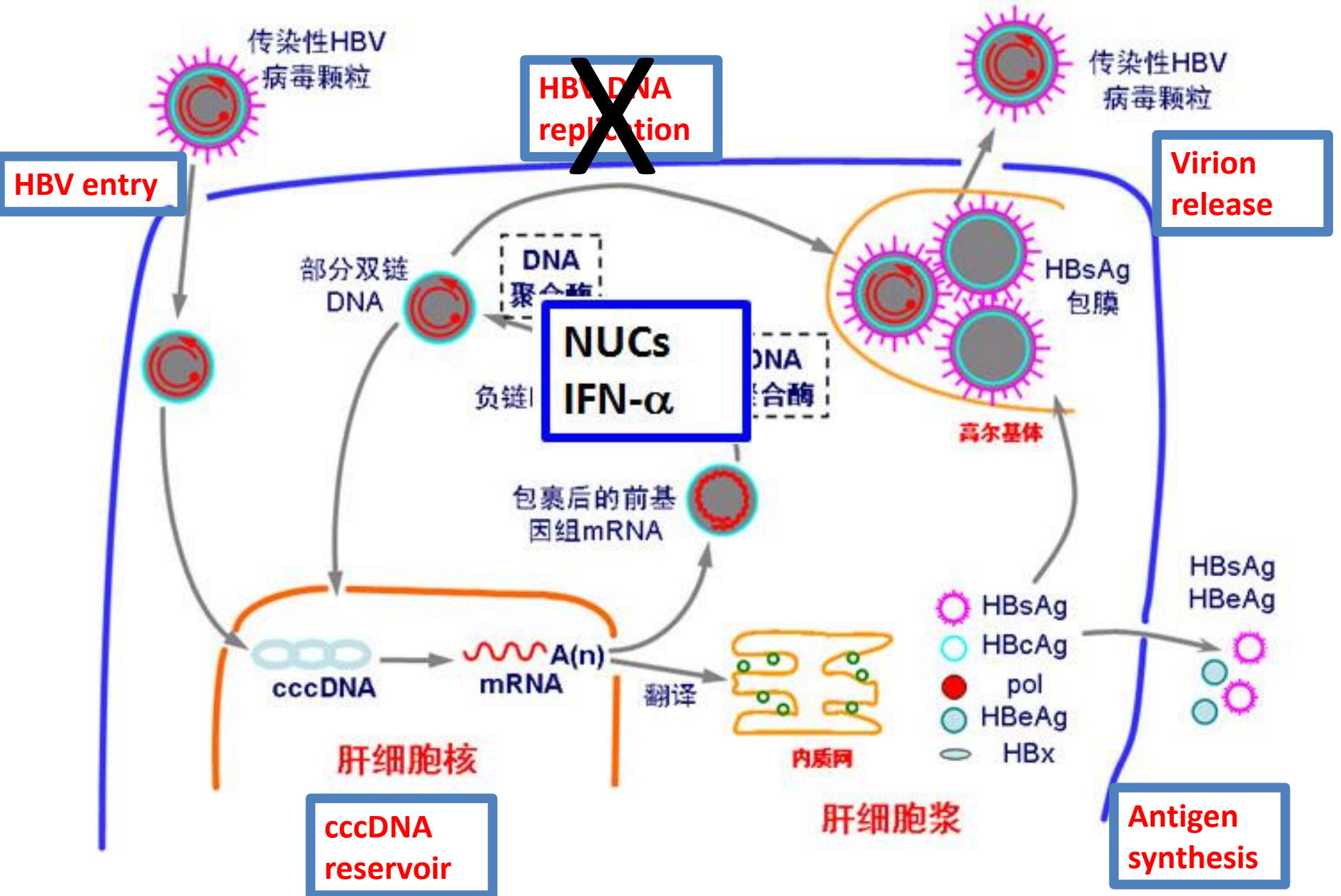
1. 病毒学：**病毒载量、基因型、耐药变异、准种**  
**病毒库 (cccDNA)、HBV RNA**
2. 乙肝五项：**抗原抗体两对半 (病毒和免疫指标)**  
**HBsAg、HBeAg、**  
**HBsAb; HBeAb; HBcAb**
3. 免疫学指标：**HBV特异性CTL、其他指标**

# Efficacy of currently used drugs for two years.

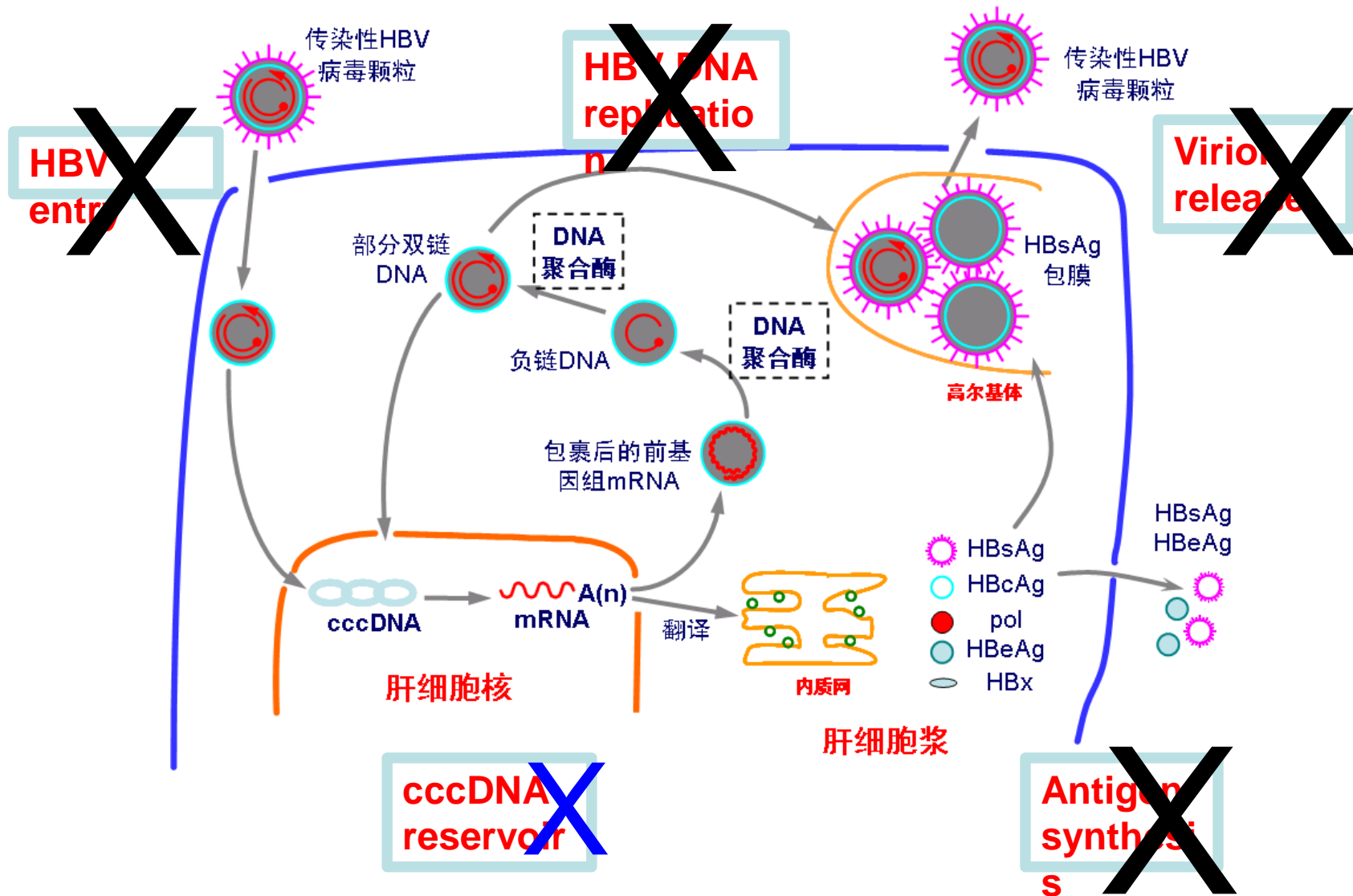
| Treatment                     | Undetectable HBV DNA in HBeAg(+) patients | Anti-HBeAg serconversion in HBeAg(+) patients | HBV DNA < 300/400 copies/ml in HBeAg (-) patients |
|-------------------------------|---|---|---|
| Peg-interferon                | 25  | 30  | 63  |
| Lamivudine                    | 39  | 22  | 72  |
| Adefovir                      | 21  | 12  | 51  |
| Entecavir                     | 67  | 22  | 90  |
| Telbivudine                   | 60  | 26  | 88  |
| Tenofovir disoproxil fumarate | 74  | 21  | 91  |

**TAF will be available in near future!**

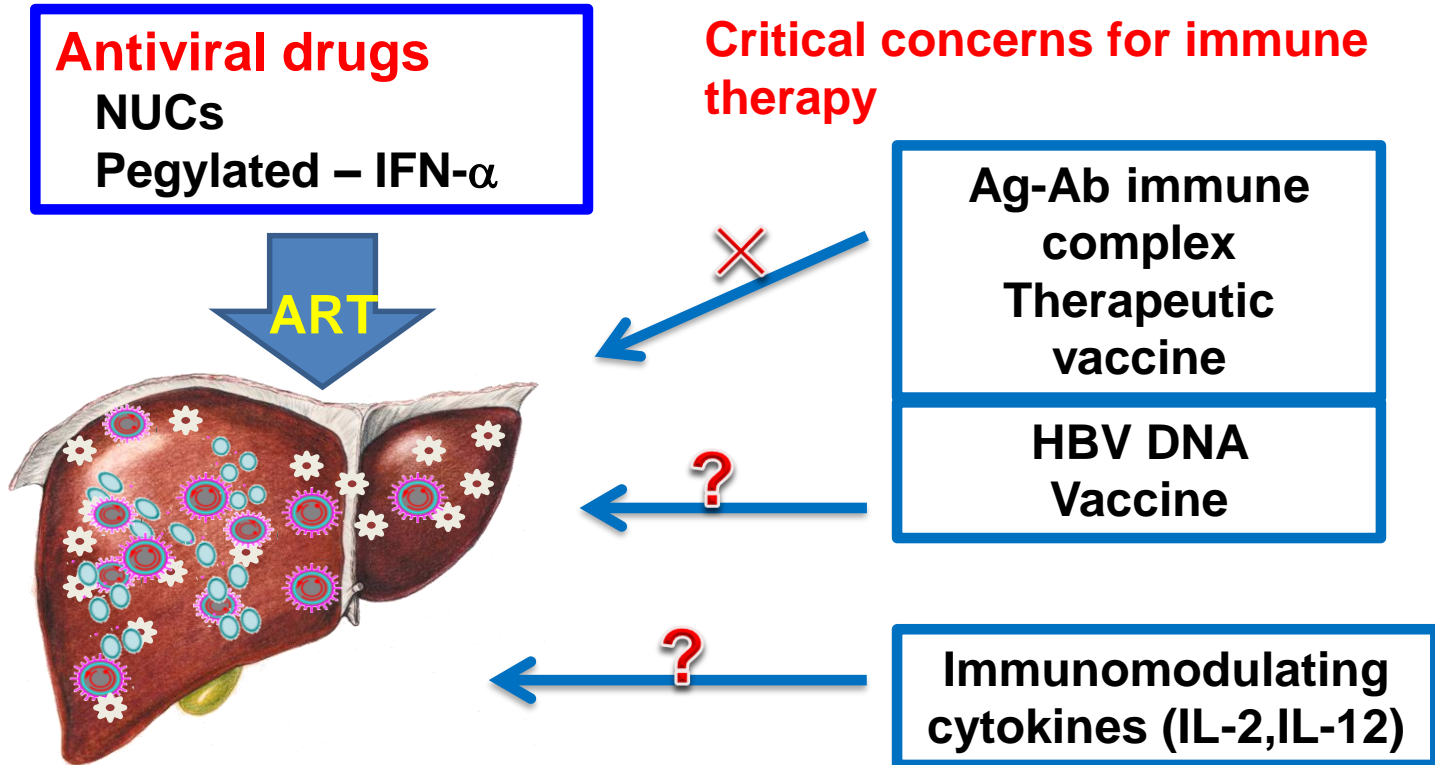
# Efficacy of first-line drugs is limited against HBV



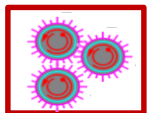
# 免疫发挥清除或控制病毒 (乙肝自愈)



# Previous immune therapy is not successful!



❑ No full success for a single immune therapy in clinical trial so far !



HBV virions



HBeAg

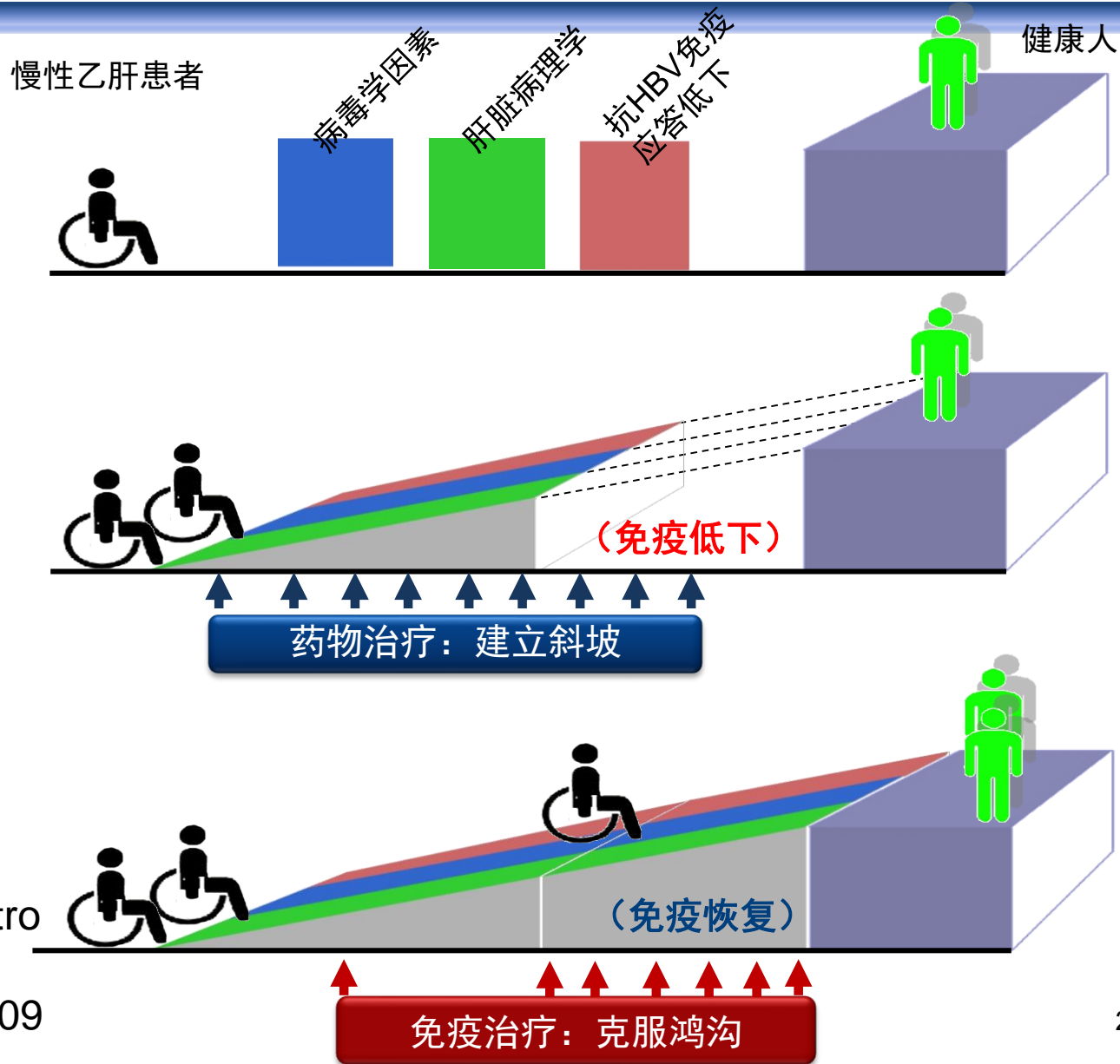


HBsAg



# 首先提出了抗病毒治疗的“爬坡假说”

构建斜坡、  
克服鸿沟



王福生 等.  
Expert Review Gastro  
Hepatol 2009  
中华肝脏病杂志 2009

# 慢性乙肝的关键免疫学机制

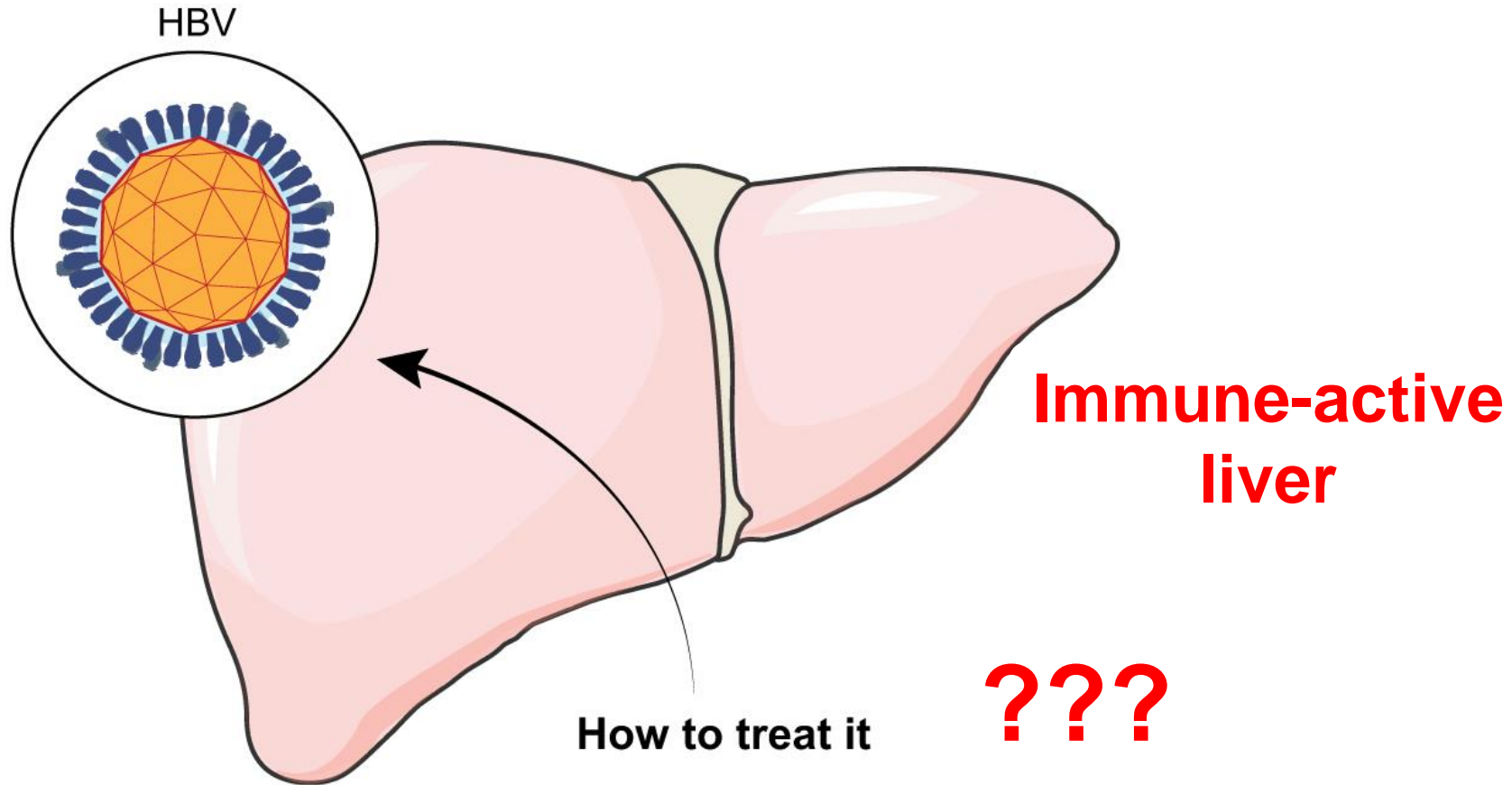
## 核心问题

慢性  
乙肝

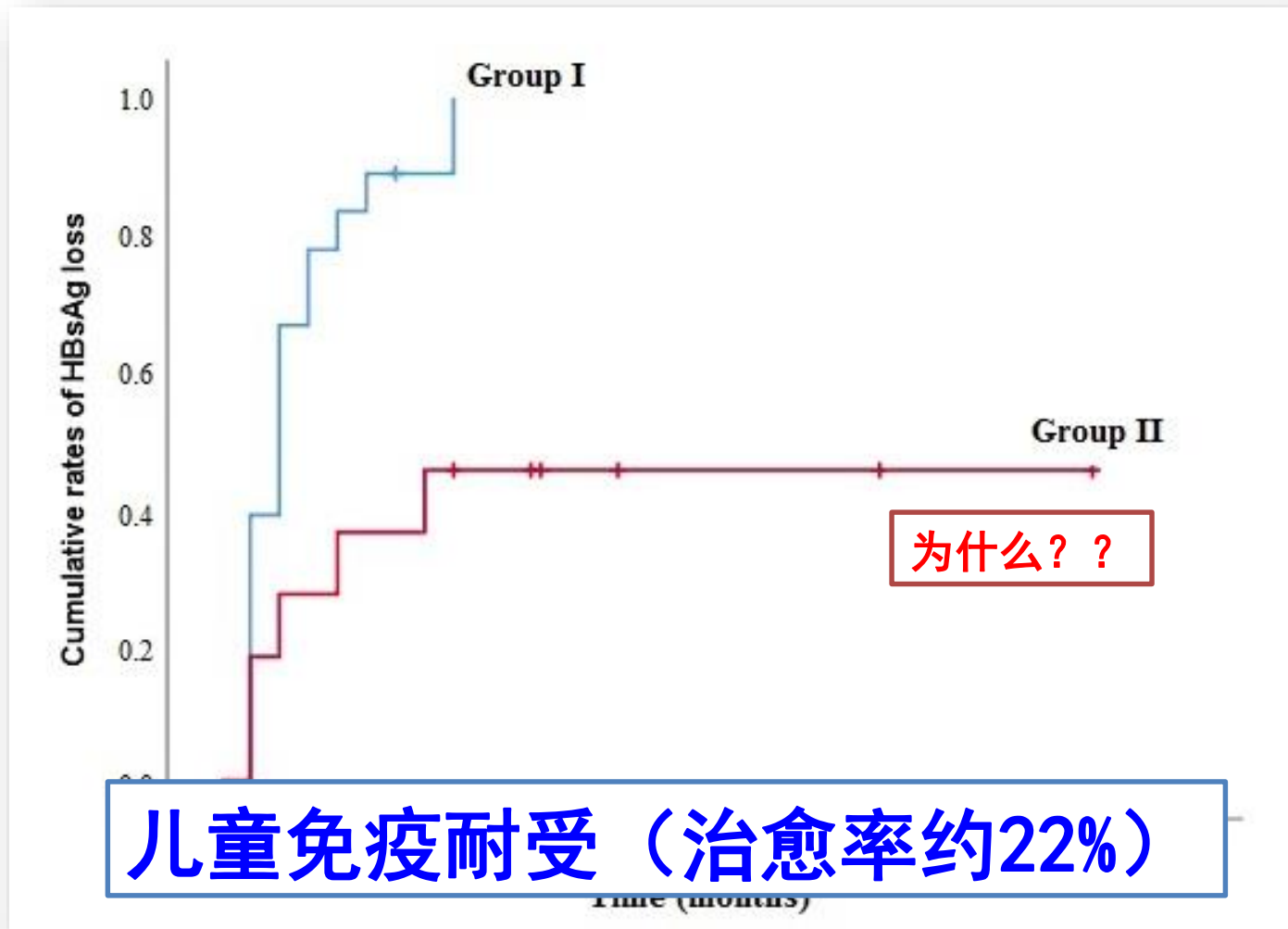
特异性CD8细胞功能低下？  
肝脏、慢乙肝免疫学机制？

加大临床和转化医学、基础医学的研究！！！！

# 免疫清除期儿童慢性乙肝的治疗

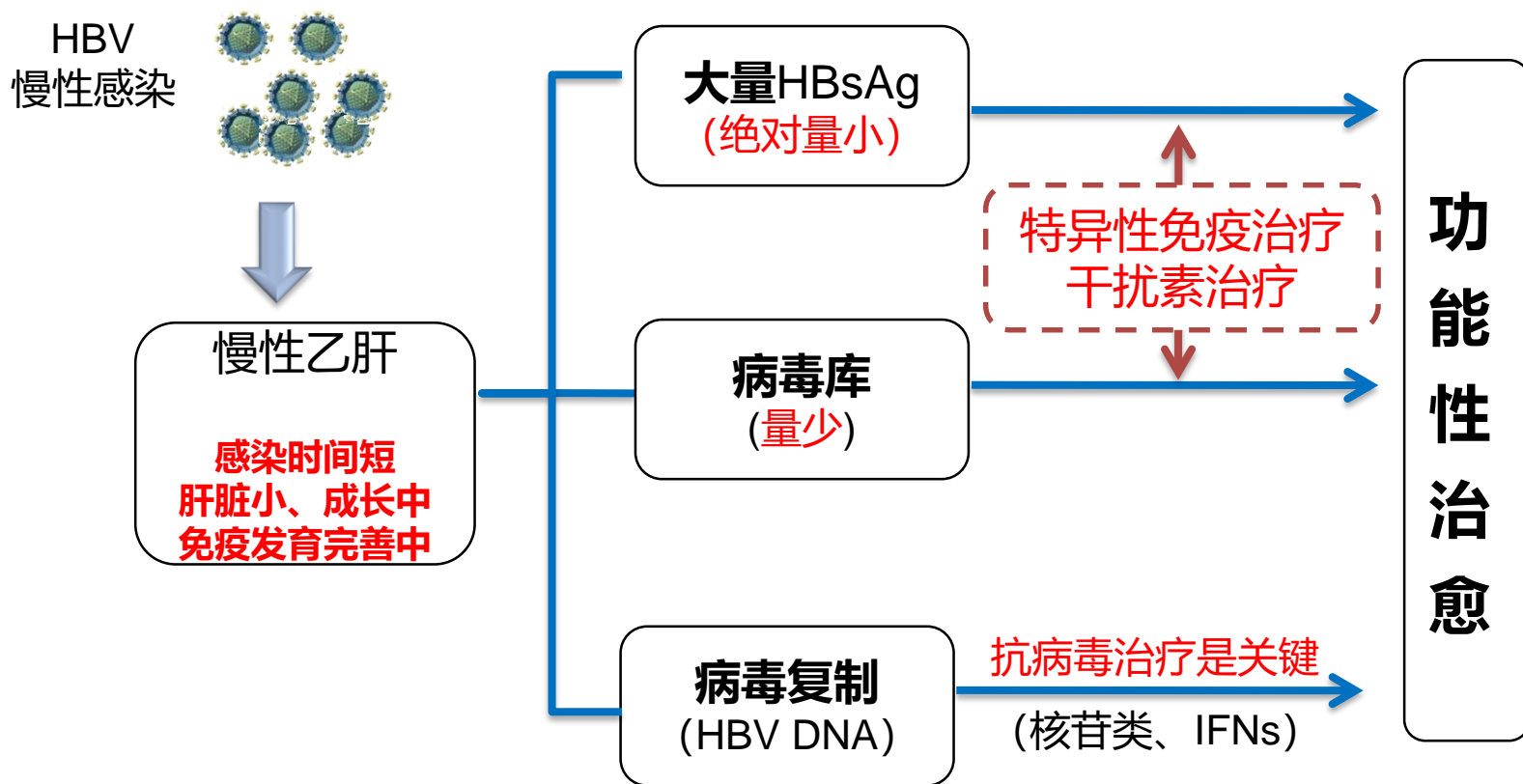


# 治疗随访期间HBsAg累积清除率



# 治愈儿童慢性乙肝的关键问题

## Cure of CHB children: Critical issues



# 2018年诺贝尔奖获得者



詹姆斯·艾利森教授



本庶佑教授



**临床免疫治疗发展新机遇**

# 药物制剂的三个发展阶段

传统片剂、胶囊、  
注射制剂

单克隆抗体、基因工程抗体、  
重组疫苗

CAR-T、TCR-T、AACT

化合物药物

蛋白质药物

细胞药物

广谱治疗

靶向治疗

个体化治疗

新技术具有引领性、突破性、颠覆性；

临床诊疗更及时、更准确、更智能！

重大疾病的治疗有更多、更好的选择！



# 艾滋病能够获得治愈吗？

能够！

目前治愈的两个HIV病人：柏林病人和伦敦病人



CCR5  $\Delta 32^{-/-}$

骨髓移植



功能性治愈

迄今9年均检测不到HIV

Hutter G et al, N Engl J Med. 2009

Nature 2019



# 同种异体过继免疫细胞治疗

## Allogenic Adoptive Immune Therapy (AAIT)

难治性艾滋病（极晚期CD4 <50/ $\mu$ L）特点：



核心问题



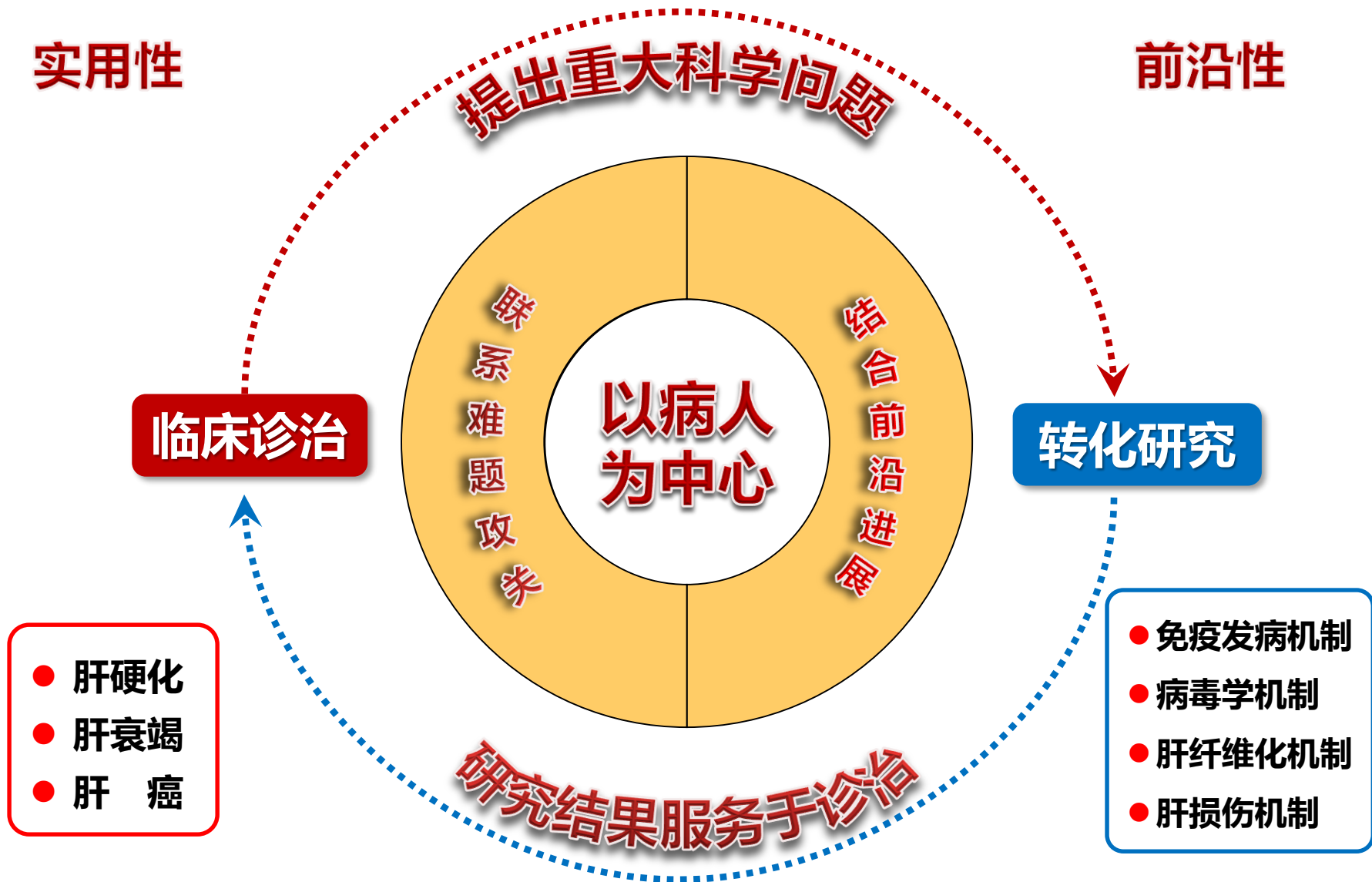
治疗手段



AAIT



# 结合临床难题开展转化研究



# 人体免疫功能

## 免疫防御



抗感染免疫

免疫低下、不能  
清除HBV

## 免疫稳定



内环境稳定  
自体耐受

肝细胞坏死  
肝组织炎症

## 免疫监视



清除突变、  
肿瘤细胞

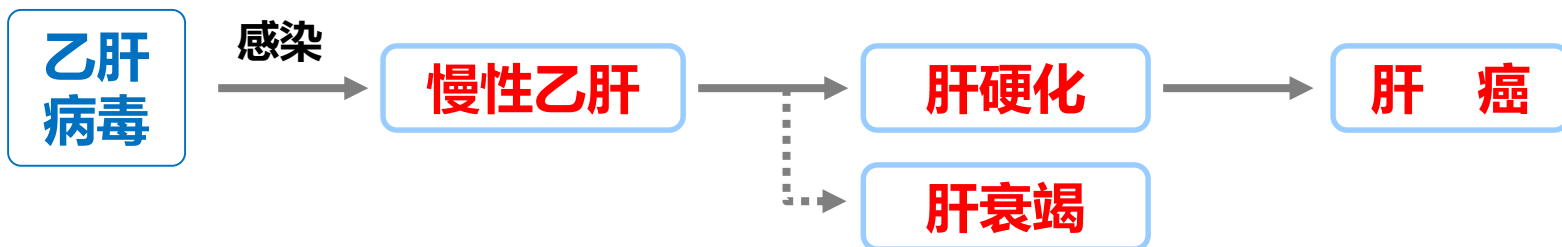
肝癌  
转移、复发

# 研究的科学问题 (一)

研究疾病进展各阶段的**致病机制**

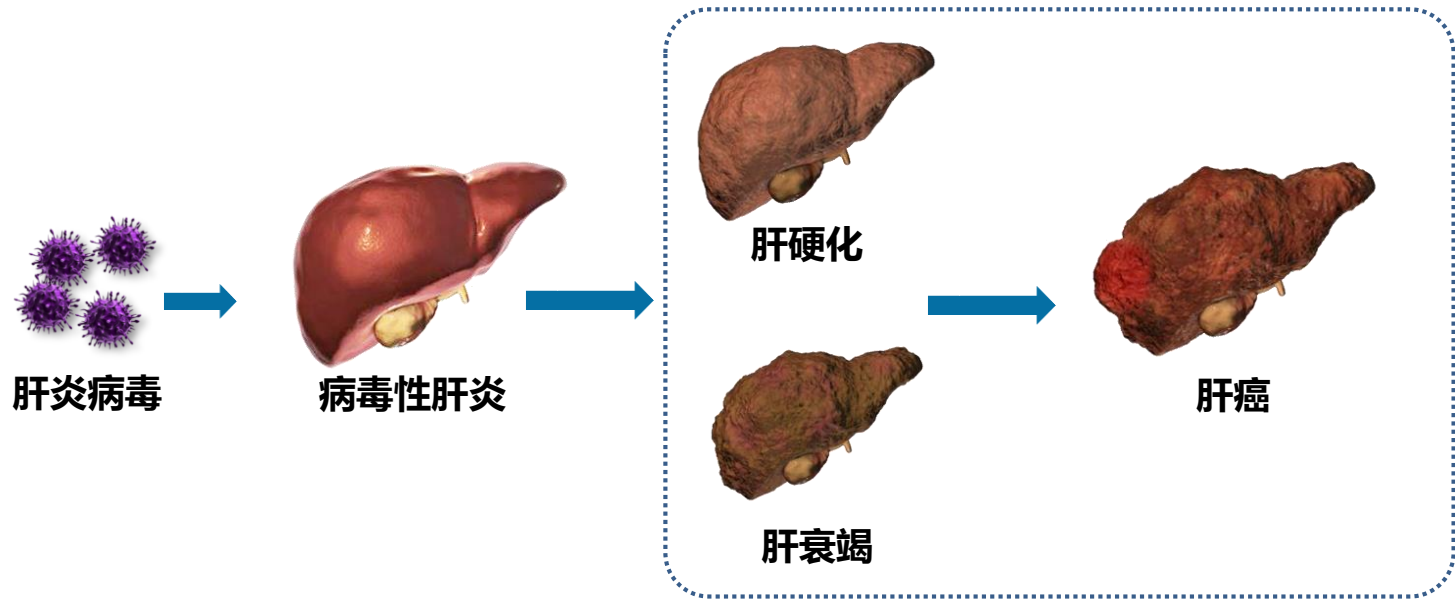
免疫清除机制?

炎症—纤维化---肝癌发生机制?



各阶段免疫学特点、抗病毒作用与机制? ?

# 慢性肝病诊治防面临的挑战



**阻断传播**

**抗病毒治疗/治愈**

**逆转肝纤维化**

**阻止终末期肝病**

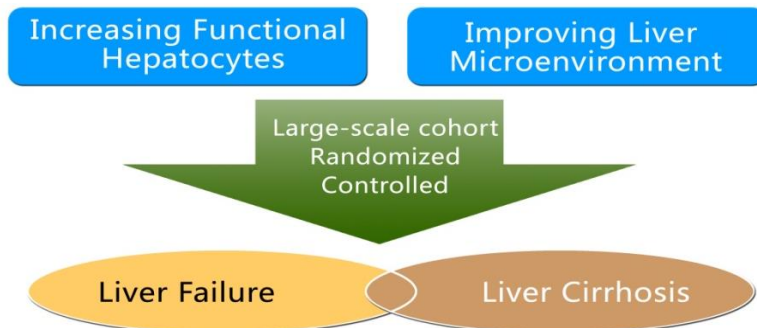
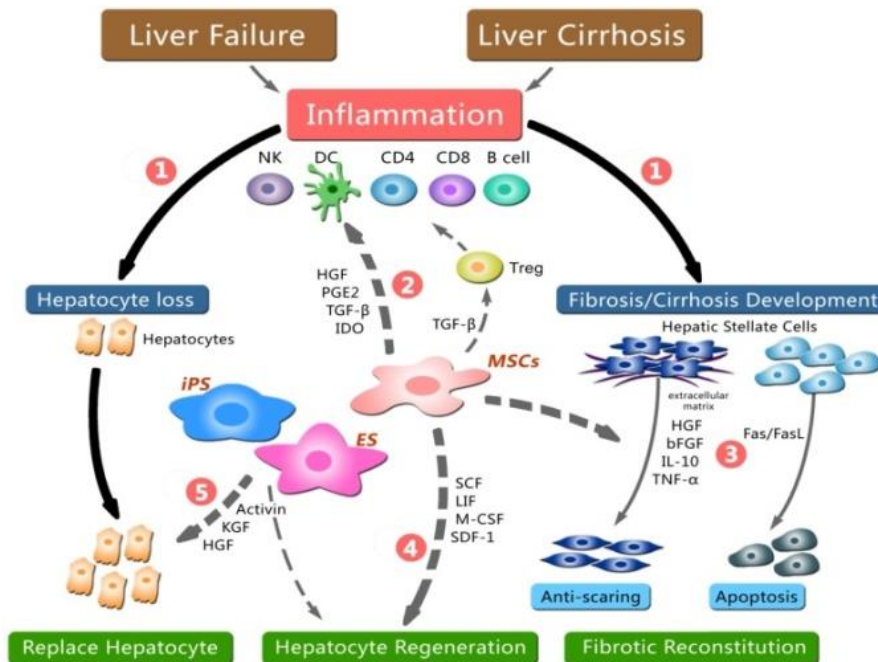
**特异性免疫治疗**

**干细胞治疗**

**免疫细胞治疗**

# MSC治疗危重肝病临床研究进展与方向

应邀在国际知名杂志撰写专题综述，总结MSC治疗肝硬化和肝衰竭的机制以及今后发展方向。



Zhang Z, Wang FS. J Hepatol , 2013  
Li J, et al. Hepatology 2014

# 提纲

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四、前景与展望

# 国际合作：作为大会主席举办会议

2011年亚太肝病学会（APASL STC）专题会  
肝病临床免疫和免疫治疗大会



The 8<sup>th</sup> APASL Single Topic Conference  
第8届亚太肝病学会专题研讨会

October 7th-9th, 2011 • Beijing, Chi

## 我国临床与基础专家成绩突出

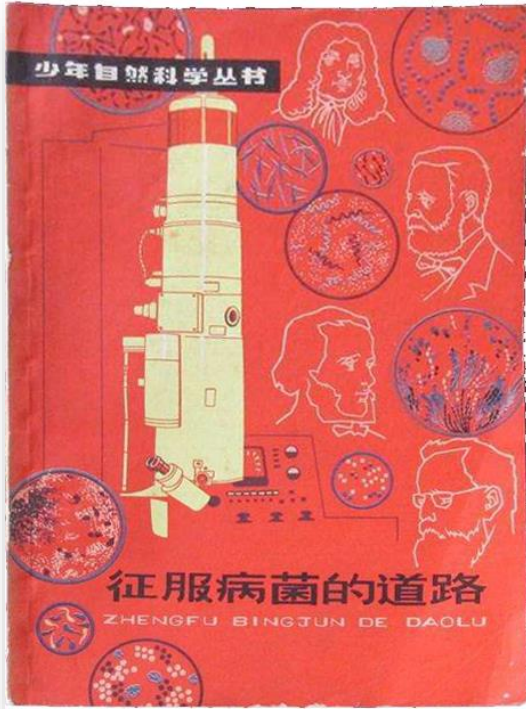
侯金林团队、袁正宏团队

李文辉团队、宁琴团队、高志良团队

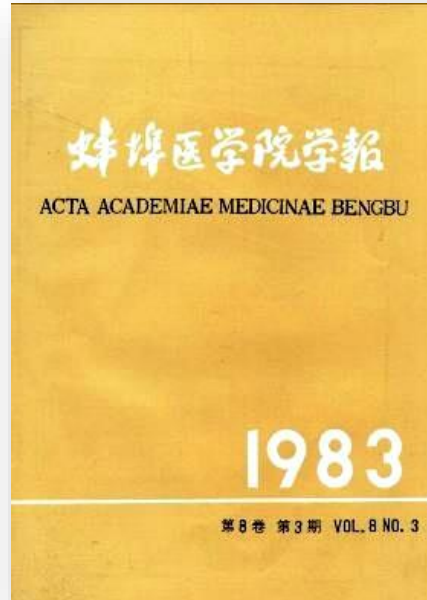
李兰娟院士团队、贾继东团队 等等



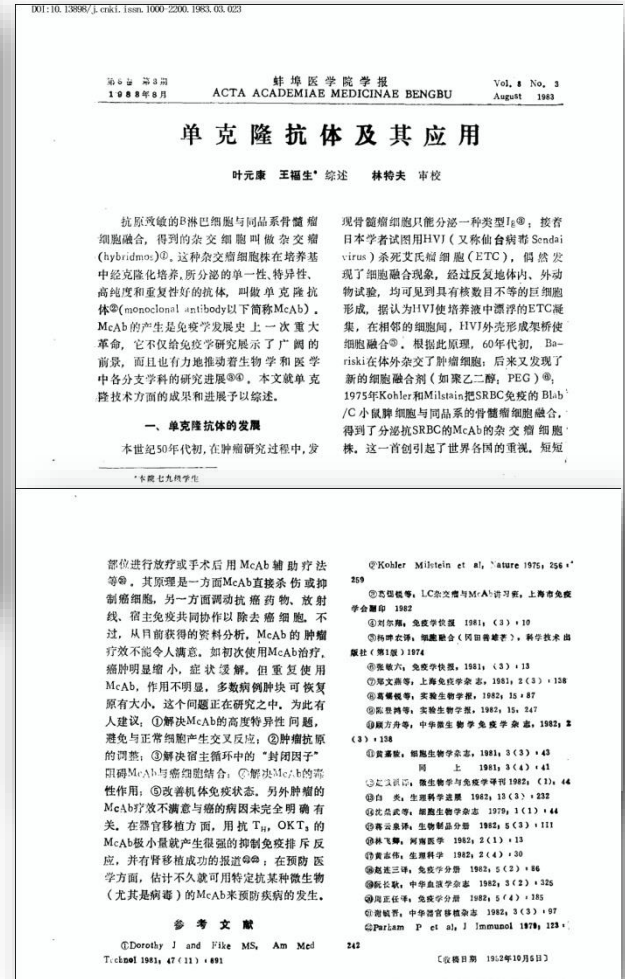
# 不忘初心：对微生物兴趣浓厚



1978年通过阅读科普作品，对微生物和传染病产生浓厚兴趣。



1982年，我对单克隆抗体的研究进展产生浓厚兴趣



# 临床研究：4G-5G时代与时俱进

## 医疗大数据应用与智慧医疗

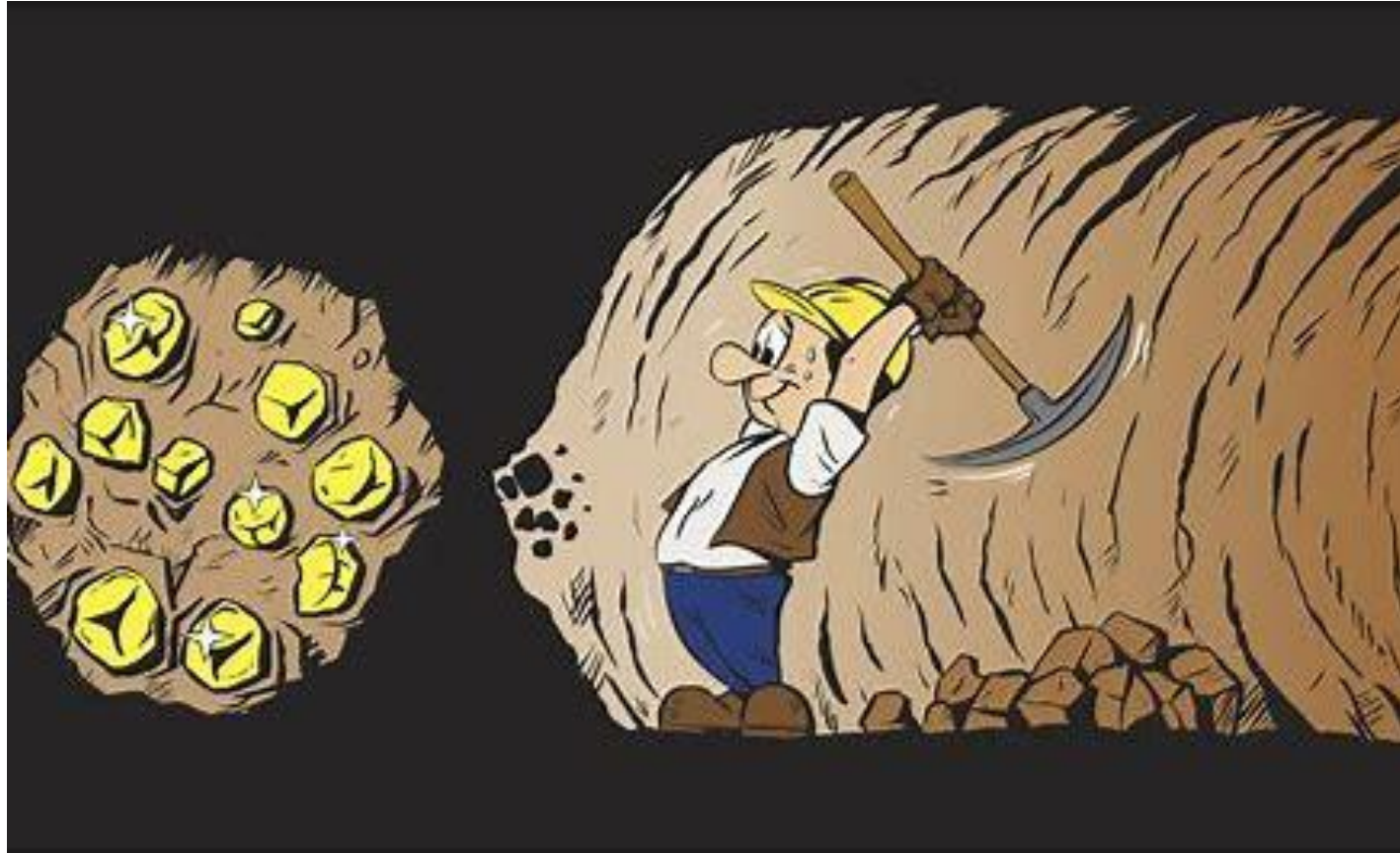
### 建设—管理—使用

### 核心问题：人才团队

(医生、护士、辅助科室、统计专家、管理专家等等)

### 关键问题：全面、系统、完整

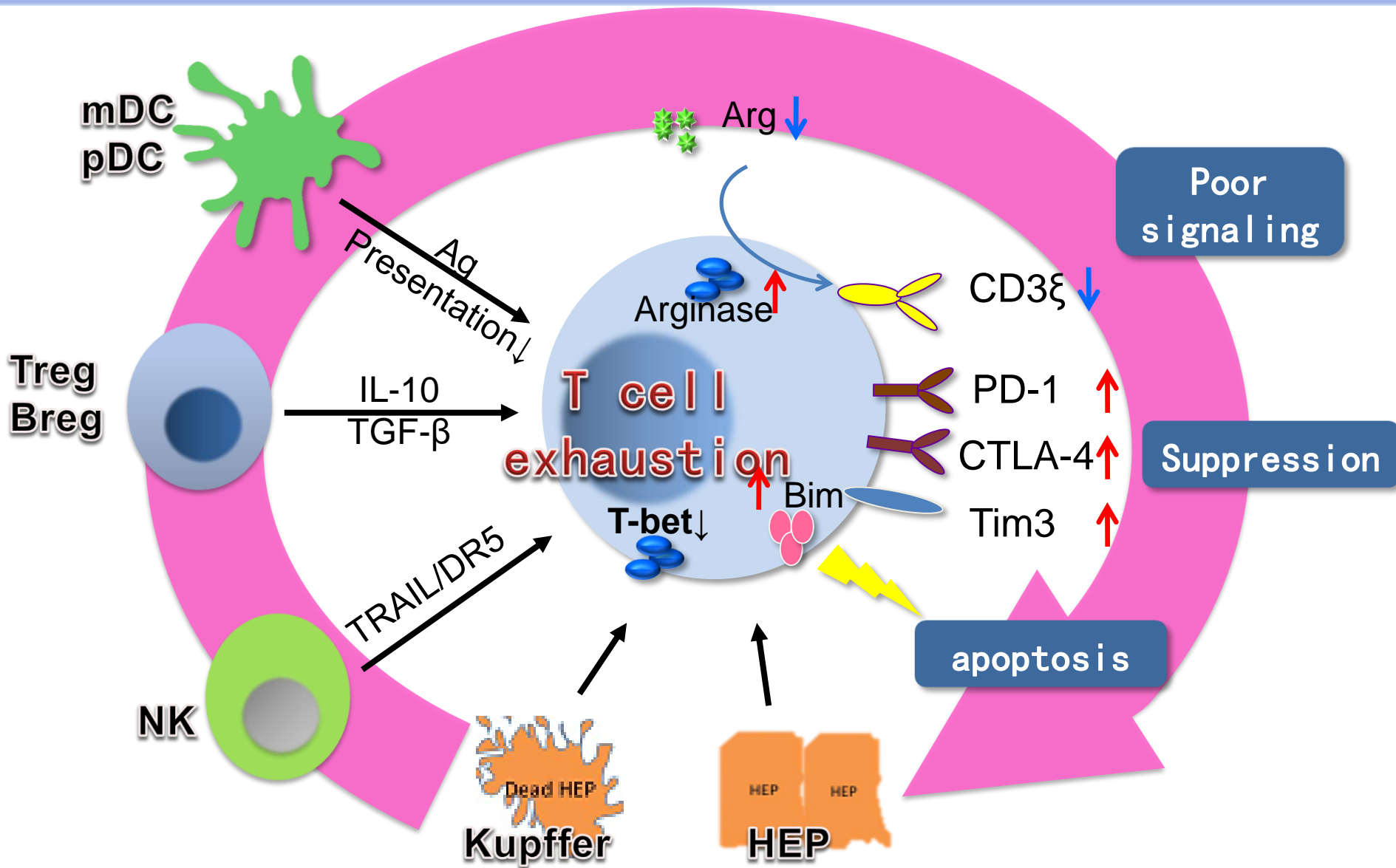
# 如何有效利用好数据：探索本质？



# 如何破解艾滋病/肝病免疫的八卦阵?



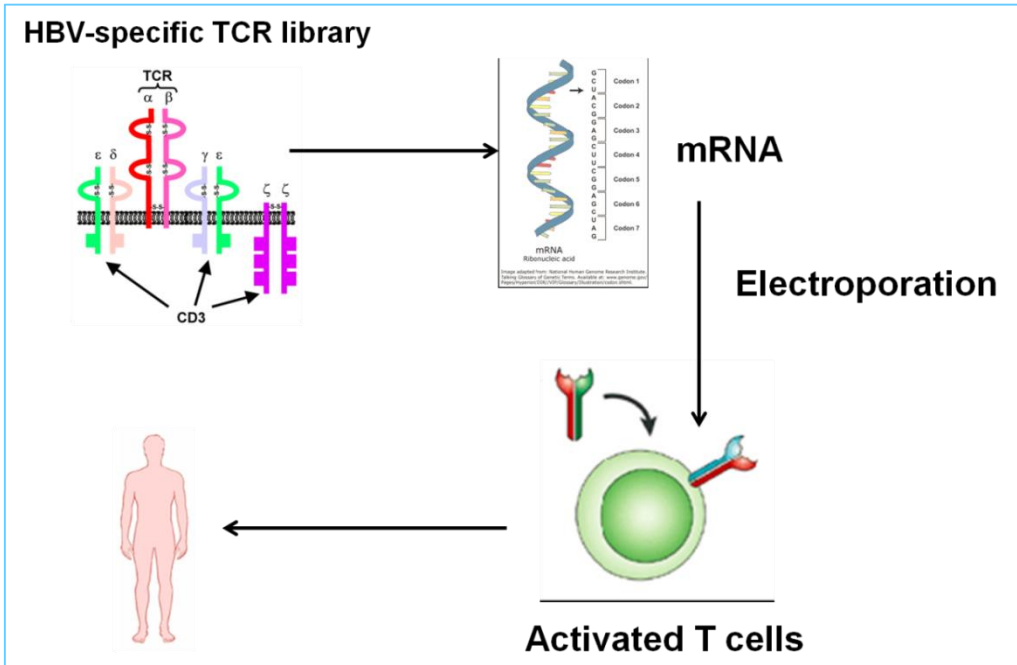
# CHB 患者CD8 T细胞功能耗竭



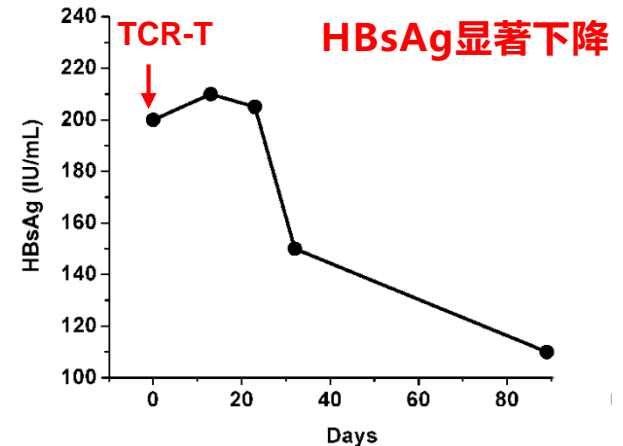
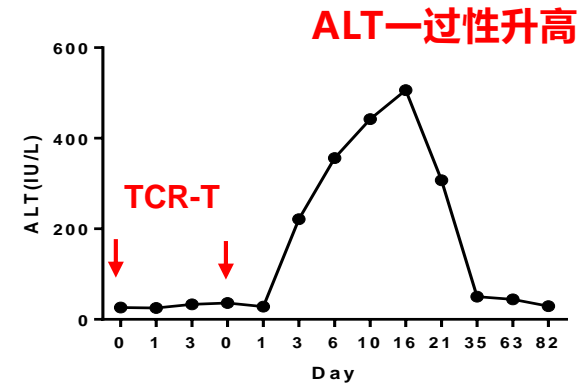
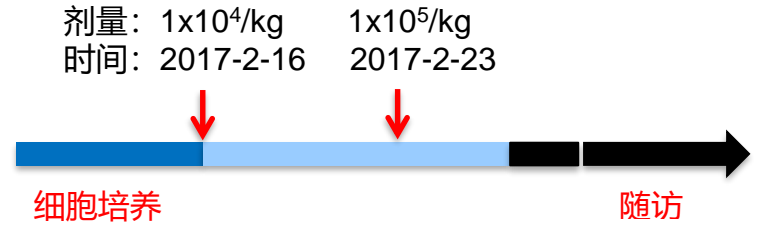
# HBV-specific TCR-T cell therapy for HBV

**特异免疫治疗有可能克服鸿沟!**

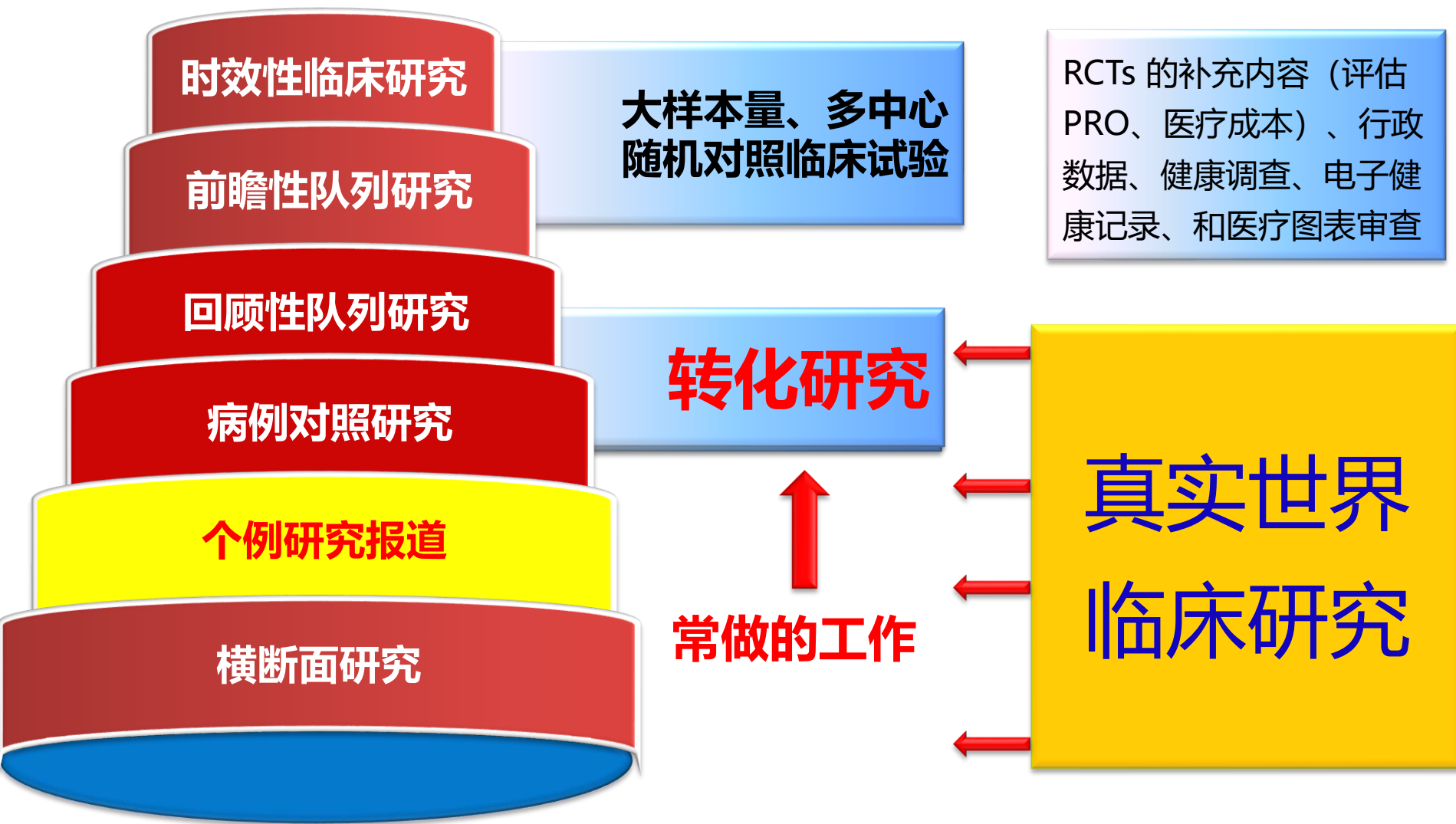
伦理通过、国际注册、知情同意



王福生、施明、Antonio Bertolotti



# 临床研究数据与感染免疫研究



# 国家传染病中心建设战略目标

随机对照队列

真实世界队列

转化研究

专家团队

数据库、样本库

方法学平台

中心实验室

国际合作平台

出指南、出标准

规范临床诊疗  
卫生政策依据

出技术、出模式

创新药物、治疗技术  
发病机制突破

协作平台

国内一体化  
国际合作化

临床

研究

资源

信息

平台

成果

指南

规律

治愈艾滋病  
治愈肝炎



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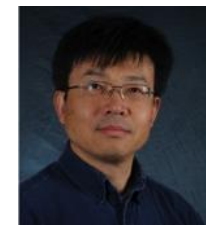
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**Yangxin  
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THANKS!

